

ALABAMA STATE BOARD OF CHIROPRACTIC EXAMINERS

BRIAN WELLS, D.C., PRES.
KENNETH RANDOLPH, D.C., VICE-PRES.
RENEE PHILPOT BOWEN, D.C., SEC /TRES.
J. MATTHEW YOUNGBLOOD, D.C. (PRECEPTOR)
LORI McMILLIAN, D.C.
GREGORY MILLAR, D.C.
BRAD RUSSELL, D.C.
KIMBERLY OGLETREE, D.C.
JOHN SEGREST, CONSUMER MEMBER



AMY DEAVERS
EXECUTIVE DIRECTOR
126 CHILTON PLACE
CLANTON, ALABAMA 35045
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1-205-755-8000
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Regular meeting and disciplinary hearings of the Alabama State Board of Chiropractic Examiners, Friday, July 12, 2024, at the Alabama State Board of Chiropractic Examiners office, Clanton, Alabama.

Prior notice of the meeting has been given, in accordance with the Alabama Open Meetings Act.

The meeting convened at 8:00 AM to hold disciplinary hearings. The Board will convene the meeting following the disciplinary hearings.

Roll was called. Those attending were: Dr. Wells – President, Dr. Bowen - Secretary/Treasurer. Members – Mr. Segrest, Drs. Youngblood, Russell, and Ogletree. Amy Deavers, Executive Director, Kerry Forbus, Executive Assistant and Angela Johnson, Administrative Assistant. Absent: Drs. Randolph, Millar and McMillian.

Dr. Wells announced quorum existed and called the meeting to order at 9:48 AM.

Motion # 1 was made by Dr. Russell and seconded by Mr. Segrest, “I move that Dr. Youngblood, Dr. Wells and Amy Deavers **review** the seminar ‘**Alabama Law and Board Rules and Regulations: Compliance and Best Practices**’ submitted by **ABetterChiro.com** and report back to the board their findings to be approved or disapproved.” PASSED / unanimous (Exhibit A)

Motion # 2 was made by Mr. Segrest and seconded by Dr. Youngblood, “I move the Board **adopt the Consent Agreement on Dr. David Arnold.**” Recused- Russell and Ogletree. Others – Aye PASSED (See Exhibit B)

The meeting adjourned at 9:53 AM.

Following the meeting the Board met with Robin Hutcheson and Charles Bass from the Examiners of Public Accounts for our Legal Audit Exit Conference.

The next scheduled meeting date is Friday, August 2, 2024, at Alabama State Board of Chiropractic Examiners Office, Clanton, Alabama. at 8:00 AM.

Submitted by:

Brian Wells, D.C., President

Amy Deavers, Executive Director
Recording Secretary

CONTINUING EDUCATION APPLICATION

*Form approved by the Federation of Chiropractic Licensing Boards 4/96-Does not guarantee program approval.
Check with board prior to submission as acceptance of form may vary from state to state.*

BOARD(s) circle all you wish to apply to: AL AK AZ AR CA CO CT DE DC FL GA HI ID
IL IN IA KS KY LA ME MD MA MI MN MS MO MT NE NV NH NJ NM NY NC
ND OH OK OR PA RI SC SD TN TX UT VT VA WA WV WI WY

This application must be completed in its entirety. All final or draft advertisement brochures and/or promotional materials if used, must accompany the application. A course syllabus or outline, a vitae of all instructors and (if applicable) a letter verifying the speakers affiliation with an appropriate educational institution must accompany this application. **Two** copies (with attachments) must be submitted. Applications will be submitted to the Board for approval only when complete and the proper fee has been received. *Acceptable program criteria may vary among boards.*

NAME OF COURSE OR SEMINAR Alabama Law and Board Rules and Regulations: Compliance and

1. Organization or school presenting course ABetterChiro.com

2. Contact information for person filling out this application: _____ Check if School/Sponsor is a PACE Approved Provider

Name Cynthia Mai Phone (805) 2703883 FAX() _____ Email support@abetterchiro.com

Address 6605 Grand Montecito Pkwy, Suite 100 , Las Vegas, NV 89149

3. Name of cosponsor (if applicable) Life Chiropractic College West

4. Date(s) course will be offered _____ Locations _____
2024/07/19 - 2030/07/19 Anywhere

5. Fee to be charged to participant 29.98 Fee covers Certificate, instructor, administration fees

6. What best identifies the educational experience: *(please circle-not all formats accepted by all boards)*

- (a) Lecture (b) Convention (c) Forum (d) Workshop (e) Home Study
(f) Video Presentation (g) Other: _____

7. Exact hours course is scheduled for Sunday - Sunday 12am - 12am

8. Number of continuing education hours requested 2

9. Name(s) of instructors *(attach CV's or resumes)*

Stacie Murray DC

10. Provide name of attendance officer, method of certifying/assuring attendance, who maintains attendance records for verification?

Attendance Officer: Cynthia Mai, Method: This self-guided online seminar is delivered entirely through a secure, p

11. List text(s) and equipment used as aids Computer, internet

12. a. Is course approved/sponsored by any school having status with the CCE? YES NO

b. Is course approved/sponsored by any other healing arts school or college? YES NO

If YES to either, name school Life Chiropractic College West

13. Is an examination or evaluation process part of the program? *Describe* 10 question multiple choice quiz which

14. Are any promotional publications or advertisements being used? YES NO
If YES, please attach final or draft copies (if draft, please mail a copy of the final version later).

15. Does this course include practice building, either as a part of the program itself, or as an optional offering? YES NO *If YES, please explain* _____

16. Does this course either promote a product or apparatus or offer a product or apparatus as an optional item for inspection by those attending? YES NO
If YES, please explain _____

17. Will those attending be given a product as a gift or at a reduced price? YES NO
If YES, please explain _____

18. TOPICS AND HOURS REQUESTED FOR APPROVAL:	No. of Hrs
(A) Principles of Practice/Philosophy of Chiropractic	0
(B) Examination Procedures/Diagnosis	0
(C) Physical therapy/Physiological therapeutics	0
(D) Nutrition	0
(E) Adjustive technique	0
(F) Radiographic technique/safety	0
(G) Diagnostic imaging interpretation	0
(H) Insurance reporting/Procedures	0
(I) Practice management	0
(J) Philosophy of Chiropractic	0
(K) Risk Management	0
(L) Basic sciences	0
(M) Research trends	0
(N) Medical/legal	0
(O) HIV Prevention / education	0
(P) Boundaries issues	0
(Q) Scope of practice	0
(R) Other (Specify) <u>Alabama Law and Board Rules and Regulasi</u>	2
Total Number of Hours Requested for Approval	<u><u>2</u></u>

A syllabus or course outline may be submitted in lieu of hourly breakdown for long term courses.

YES NO
 Approved by the board:
 Name: _____
 Date: _____
 Approval # (if applicable) _____

19. I hereby certify that all information listed above is correct and nothing has been omitted.
 The required enclosures are also included.

Print name Cynthia Mai Signature Cynthia Mai
 Title _____

APPLICATION FEE ARRANGEMENTS _____

NOTE: PRIOR APPROVAL OF A CONTINUING EDUCATION COURSE BY A CHIROPRACTIC REGULATORY BOARD DOES NOT ASSURE FUTURE APPROVAL. APPROVAL OF A CONTINUING EDUCATION COURSE BY ONE BOARD DOES NOT IMPLY OR ASSURE APPROVAL BY OTHER BOARDS.



AGREEMENT FOR ONLINE PROGRAM OFFERING

THIS AGREEMENT is made and entered into at Hayward, California this 24th day of April 2024 by and between the following parties:

A Better Chiro
6605 Grand Montecito Pkwy, Suite 100
Las Vegas, NV 89149
(hereinafter "Better Chiro")

AND

Life Chiropractic College West
25001 Industrial Blvd
Hayward, CA 94545
(hereinafter "College")

For good and valuable consideration as herein set forth, the parties agree as follows:

CE SPONSORSHIP

1. The College will be the sole sponsor of all Better Chiro approved Continuing Education course offerings ("Programs") throughout calendar years 2024 & 2025.
 - a. The College approves programs upon receipt of sufficient requested program materials, including but not limited to speaker CVs, seminar descriptions, seminar learning outcomes, hour-by-hour seminar outlines, event schedules, and seminar advertisements.
 - b. Program materials must be submitted to the College 120 days before the Program start date via the Program Application Request Google Form and email.
2. The College retains the right to amend and/or withdraw continuing education credit at any point should it be determined there has been a violation of applicable accreditation standards, policy, or law. College shall retain final authority for all areas relating to criteria, standards, and applicable laws and regulations pertaining to continuing education credits.
3. Upon Program approval, the College will appoint speakers as Postgraduate Faculty.
 - a. All speakers will meet the following criteria:

Understanding Alabama Chiropractic Law and Board Rules: Compliance and Best Practices

Learning Objectives

- Gain a comprehensive understanding of the Alabama chiropractic laws and regulations.
- Learn the requirements and procedures for maintaining a chiropractic license in Alabama.
- Understand the scope of practice and ethical standards as defined by the ASBCE.
- Implement best practices for record-keeping, documentation, and risk management.
- Stay updated on regulatory changes and maintain compliance with state laws.

Lesson 1: Navigating Alabama Chiropractic Law

1.1 Introduction to Alabama Chiropractic Law

- Overview of the Alabama State Board of Chiropractic Examiners (ASBCE)
- Key legislative acts affecting chiropractic practice in Alabama

1.2 Licensing Requirements and Procedures

- Steps to obtain and renew a chiropractic license in Alabama
- Continuing education requirements
- Common pitfalls and how to avoid them

1.3 Scope of Practice

- Definition and boundaries of chiropractic practice in Alabama
- Permissible techniques and treatments
- Prohibited practices and potential penalties

1.4 Regulatory Updates and Compliance

- Recent changes in Alabama chiropractic regulations
- How to stay informed and compliant with ongoing regulatory updates
- Resources for further information and support

Lesson 2: Professional Standards and Risk Management

2.1 Professional Conduct and Ethical Standards

- ASBCE Code of Ethics
- Guidelines for professional behavior and patient interaction
- Consequences of ethical violations

2.2 Record Keeping and Documentation

- Legal requirements for patient records
- Best practices for maintaining accurate and secure documentation
- Responding to record requests and audits

2.3 Risk Management and Legal Considerations

- Common legal issues and how to mitigate risk
- Understanding malpractice insurance and liability
- Reporting requirements for adverse events

Stacie Murray, D.C.
Buffalo, New York, USA

Professional Summary

Dedicated and skilled Doctor of Chiropractic with over a decade of experience in diverse settings, from private chiropractic clinics to integrated healthcare teams. Proficient in treating acute and chronic musculoskeletal conditions, with a strong emphasis on holistic patient care. Committed to enhancing patient well-being through expert chiropractic treatment and interdisciplinary collaboration.

Professional Experience

Doctor of Chiropractic, Clinical Director

Lovejoy Chiropractic Associates

June 2015 - Present

- Lead chiropractor in a multidisciplinary team including MDs, Physician Assistants, Chiropractors, and Massage Therapists, providing comprehensive care tailored to patient needs.
- Specialized in the diagnosis and management of spinal and musculoskeletal disorders, using manual adjustment techniques and patient-specific treatment plans.

Doctor of Chiropractic

Riches Chiropractic

March 2015 - July 2015

- Provided acute patient care in a fast-paced clinic, focusing on short-term rehabilitation and recovery.
- Implemented patient education initiatives to improve treatment outcomes and encourage health maintenance.

Doctor of Chiropractic

Physical Therapy Physicians

August 2012 - December 2014

- Worked within an integrated healthcare setting, offering chiropractic solutions alongside physical therapy interventions.
- Developed treatment protocols for a variety of patient demographics, including elderly and student populations, enhancing patient engagement and satisfaction.

Education & Training

Doctor of Chiropractic (D.C.)

Northeast College of Health Sciences, Seneca Falls, NY *2009 - 2012*

- Clinical Internship at Depew Health Center, treating a diverse patient base and participating in special rotations at the University at Buffalo and the Salvation Army facilities.

Bachelor of Science (B.S.), Kinesiology and Exercise Science

University at Buffalo, Buffalo, NY, *2003 - 2008*

Licenses & Certifications

- #012640, Licensed Doctor of Chiropractic, State of New York, Active until January 31, 2026

Skills

- Chiropractic adjustments
- Patient education
- Interdisciplinary collaboration
- Musculoskeletal diagnostics
- Treatment planning
- Health promotion and wellness coaching



CERTIFICATE OF ACHIEVEMENT

This certificate is proudly presented to:

Name Surname, Title

Address Line 1

Address Line 2

City, State, Zip Code

Telephone Number

State Board, License No.

For their excellence in the course of
 COURSE NAME, Electronically Mediated, # Hours

PRESIDENT'S SIGNATURE



JANUARY 1, 2024
 DATE

EXHIBIT B

IN THE MATTER OF:)
ARNOLD, DAVID K., D.C.)
)
)
LICENSE NO: 1816)
)

BEFORE THE ALABAMA STATE
BOARD OF CHIROPRACTIC
EXAMINERS

CONSENT ORDER

THIS CAUSE came before the Alabama State Board of Chiropractic Examiners (the "Board") following David K. Arnold, D.C. self-reporting that he was unable to practice chiropractic with reasonable skill and safety due to substance or alcohol abuse. Following Dr. Arnold's self-reporting, on or about September 5, 2023, the Board caused to be served upon Dr. Arnold the Notice of Emergency Suspension of License attached hereto as "Exhibit 1" and Notice of Charges attached hereto as "Exhibit 2." Dr. Arnold entered into treatment for his substance and alcohol abuse prior to a hearing in this cause, and pursuant to Code of Alabama (1975), § 34-24-167, the matters at issue were resolved informally by the parties and the parties negotiated a Consent Order, the terms of which are as follows:

1. The Board finds Dr. Arnold has violated Code of Alabama (1975), § 34-24-166 (b)(2), (b)(3), (b)(4), (b)(11), (b)(14) and (b)(17) based upon the allegations set forth in the Notice of Emergency Suspension of License and Notice of Charges.

2. Dr. Arnold's license to practice chiropractic in the State of Alabama is hereby SUSPENDED for a period of five (5) years from the date of this Order with immediate reversion to PROBATION subject to the following terms:

A. Execution of and strict compliance with the Alabama Chiropractic Wellness Committee (hereinafter referred to as the "Committee") Monitoring Contract (hereinafter referred to as "Contract"). The Contract and all the provisions thereof are specifically made a part of and are incorporated into this Consent Order as if fully set forth herein. Failure to comply with the

Contract or any provision thereof shall be deemed a failure to comply with this Order and may, after notice and hearing, result in further disciplinary sanctions; and

B. Any positive drug screen may result in revocation or other disciplinary sanction(s) upon hearing and proof thereof; and

C. During the periods of Suspension or Probation, Dr. Arnold shall also remain active in aftercare support groups such as RIP, AA, NA and/or CA in a frequency and manner mandated by the Committee.

3. Dr. Arnold shall pay an Eight Hundred Fifty Dollar (\$850.00) monitoring fee during each year he is monitored by the Committee.

4. Dr. Arnold shall pay a Six Hundred Dollar (\$600) license renewal fee to the Board and supply any documentation required for renewal.

5. Dr. Arnold expressly waives his rights pursuant to the Alabama Chiropractic Practice Act and the Alabama Administrative Procedures Act including, but not limited to, Code of Alabama (1975), § 41-22-12, Code of Alabama (1975), § 41-22-20, and Code of Alabama (1975), § 34-24-167, 168, and 174 and including, but not limited to, a Notice of Charges, the opportunity for a hearing before the Board in connection with any charges against him and judicial review. Dr. Arnold further waives any objection to the attorney for the Board preparing, drafting or making this Order, including the waiver of any objection or right pursuant to Code of Alabama (1975), § 41-22-18.

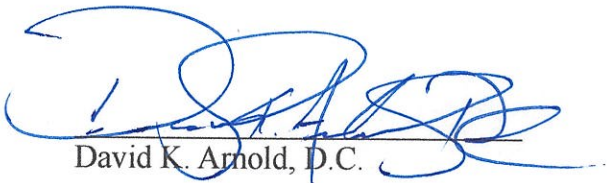
6. By execution of this Consent Order, Dr. Arnold hereby releases the Board, its members, agents, representatives, servants and employees, and the Committee, its members, chairman, agents, representatives, servants and employees from any and all liability, claims,

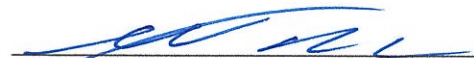
damages, fees or expenses arising out of or made in connection with any of the matters set forth in or relating to this Consent Order.

7. Dr. Arnold agrees that any future violation of the Alabama Chiropractic Practice Act, the rules and regulations of the Alabama State Board of Chiropractic Examiners or any other applicable laws may, upon proof and hearing thereof, result in disciplinary sanctions against his license.

8. Dr. Arnold acknowledges, stipulates and agrees that he has read this Consent Order and that he fully understands the terms, conditions and contents of the same. Dr. Arnold acknowledges, stipulates and agrees that he voluntarily and out of his own free will accepts the terms and conditions set out in this Consent Order and is executing this Consent Order freely and voluntarily without coercion, duress or threats or pursuant to any promises. Dr. Arnold also acknowledges and agrees that he is executing this Consent Order on advice of counsel or that he had the right to seek advice of counsel before executing this Consent Order.

DONE this the 3rd day of July 2024.


David K. Arnold, D.C.


Steven M. Brom
Attorney for the Alabama State
Board of Chiropractic Examiners

ALABAMA STATE BOARD OF
CHIROPRACTIC EXAMINERS

By: _____
R. Brian Wells, D.C.,
President

OF COUNSEL:
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